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Together, we share the same mission of improving patients' health through quality vision care. We provide a series of free COPE Accredited CE courses to support that mission and your focus on caring for patients.

Explore these courses available in our training library at [marchvisioncare.com](https://marchvisioncare.com):



## **Across the Sexual Orientation and Gender Identity Spectrum: A Call to Action\* (1 credit)**

LGBTQ+ people can feel marginalized and often stigmatized in health care settings. This course provides you with increased awareness surrounding issues so that communication with LGBTQ+ people is respectful and sensitive. It reviews how patient-provider interactions can be more supportive of the individual's needs, how to take a full history and perform an inclusive and affirming physical exam, and how health information can be thoughtfully documented to provide accurate information regarding health issues, screening recommendations and risk prevention.



## **Caring for the LGBTQ+ Community: An Introduction\* (1.5 credits)**

This course raises awareness of the identities and experiences of the LGBTQ+ community. You will discover ways to address the unique health-related disparities affecting the community and create environments in which LGBTQ+ individuals can feel validated, safe and welcome in your practice.



## **Diagnosis and Management of Ocular Symptoms Related to Concussion and Acquired Brain Injury\* (1 credit)**

This activity focuses on the evaluation and management of oculomotor symptoms associated with acquired brain injuries (ABI) due to concussion, stroke and other causes. It discusses the battery of tests that can establish the presence of oculomotor dysfunction and covers available treatment options, including glasses, prism glasses, therapeutic eye drops and vision therapy. The importance of a team management approach through collaboration and referrals is stressed. After this activity, you should be comfortable evaluating patients with a history of concussion or ABI.



## **Health Equity Foundations\* (1 credit)**

Health equity is achieved when every person, regardless of race, place or circumstance, has the opportunity to live their healthiest life. Known barriers to health equity are referred to as social determinants of health (SDOH) and are determined by the conditions in which people are born, grow, live, work, play and age. These barriers, driven by structural racism, discrimination and stigma, include poverty and the lack of access to quality education, housing, good jobs and comprehensive, high-quality health care. Communities that are overwhelmingly impacted by these obstacles are underserved, including communities of color, people with disabilities, members of the LGBTQ+ community, women and those who live in rural settings. This activity defines health equity; distinguishes between equity, equality and justice; discusses health equity and inequities; and identifies individual strategies to promote health equity.



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### **Medically Necessary Contact Lenses\* (1 credit)**

This course provides an update of various contact lens options for patients with common diagnoses requiring medically necessary contact lenses. Delve into the variety of contact lens solutions, including standard rigid gas permeable (RGP) lens designs, reverse geometry RGPs, hybrids and scleral lenses. Explore the anatomy of contact lenses, specific designs and applications for conditions such as keratoconus and irregular corneas. Learn of the advantages and considerations associated with each lens type, patient experiences and advancements in scleral lens designs.



### **Providing Quality Care for Adults with Intellectual and Developmental Disabilities\* (2 credits)**

This course provides learners with an overview of clinical considerations in adults with intellectual and developmental disabilities (IDD). Discover improved communication skills and practices that can better guide treatment choices to address the specific needs of these individuals.



### **Review of Risk Factors in the Identification of Primary Open Angle Glaucoma\* (1 credit)**

This course examines risk factors for glaucoma that will assist health care professionals in the early identification of this condition in general primary eye care practice. Individual risk factors are discussed, and pertinent literature is reviewed to provide insight into how certain factors can indicate an increased risk and alert you to the presence of this disorder.



### **The Role of Optometry in the Management of Diabetes\* (1 credit)**

Optometrists have unique skills that can assist in the management of vision loss and can help improve outcomes for diabetes patients. This course helps provide the fundamental elements that you should consider in redirecting the care they provide and assuming a more aggressive role in the care of people with diabetes.



### **Treatment Options for Ocular Anterior Surface Disease\* (1 credit)**

Dry eye syndrome affects nearly 16 million Americans and can be a common and chronic problem for adults, especially for those of advanced age, causing symptoms that interfere with eye comfort, function and quality of life. This activity will examine the multiple parts of eye anatomy whose dysfunction may contribute to dry eye syndrome, including the tear film, ocular anterior surface and Meibomian gland, and identify complications that can result when dry eye is left untreated.



### **Updates in the Management of Macular Degeneration\* (1 credit)**

Age-related macular degeneration (ARMD) affects roughly 11 million people in the United States and is the leading cause of visual impairment for older individuals. Its severe and rapid impact on vision requires vigilant prevention and screening practices, as well as a thorough understanding of diagnostic procedures and the optimal use of current and emerging therapies. This activity provides an overview of the multiple subtypes of ARMD, including dry, intermediate and wet ARMD, and geographic atrophy. It explores existing and emerging therapies for ARMD subtypes, efficacy and safety profiles, and testing strategies that can help determine the direction of ARMD management plans.



### **What's new in glaucoma management?\* (1 credit)**

This activity explores updated approaches to the management of glaucoma—the “silent thief of sight” that affects an estimated 3 million Americans. It examines the latest evidence from recent studies on minimally invasive glaucoma surgery (MIGS) procedures and discuss comparative data on more invasive surgical techniques such as trabeculectomy and tube shunt surgery. Patient cases are introduced to enhance participants’ understanding of the glaucoma treatment process. In addition, it discusses potential future innovations in glaucoma treatment.

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